



Short Bio/CV

DR LILY MUSHAHAR (MALAYSIA)

Dr Lily Mushahar, MD, MMed is a consultant nephrologist in Hospital Tuanku Ja'afar Seremban, Malaysia. She received her undergraduate MD (1992) and post-graduate (1999) in University Science of Malaysia. She is a certified nephrologist by the Malaysian Board of Nephrology in 2003 and completed her fellowship in University of North Staffordshire Hospital, Stoke-on-Trent, United Kingdom in 2006. Currently, she is the head state nephrologist in Negeri Sembilan and head of department nephrology, Hospital Tuanku Ja'afar Seremban since 2014. She also heads the Clinical Research Centre in Hospital Tuanku Jaa'afar Seremban since 2018.

Dr Mushahar is the Immediate past president of Malaysian Society of Nephrology 2022-2024. During her tenure, she had introduced MyKidney Health 2030 mandated and introduced the young nephrologist committee in MSN. She has been a strong advocate of peritoneal dialysis (PD) since she returned from her fellowship. She led many works and academic programs in Malaysia which includes Malaysia Handbook of Kidney Replacement Therapy, PD chapter editor of Malaysian Dialysis Renal Registry, PD Standard Operating procedure book, National PD Quality Standard and Practice, annual PD Masterclass workshop and PD Training Initiatives. She is also one of the main person to develop the PD first policy in Ministry of Health facilities in Malaysia since 2022. In terms of patient advocacy, she had initiated the social media platform since 2018 to improve kidney health literacy in Malaysia and has been invited as a speaker in many media outreach programme.

Dr Mushahar has a strong engagement with international and Asia-Pacific societies. She is in the Asia Pacific Society of Nephrology (APSN) Exco committee and served as the chair of APSN CME committee 2024-2026 and chair of International Society of Peritoneal Dialysis (ISPD) membership committee 2019-2024. She participated in KDIGO Home Dialysis Controversies 2022, KDIGO Asia-Pacific Diabetes & BP in CKD 2024, and ISN ESKD Task Group 2020. She is the supporting centre for ISN Sister Renal Project for Hospital Hoessin, Palembang (Level B) and Hospital Padang (Level C), Indonesia. She is a recognised ISN mentorship programme mentor for Vietnam and Indonesia since 2021. She has been recognized an ISPD PD trainer since 2019 and had received fellows from LMIC in her centre under the ISPD scholarship programme. In research, Dr Mushahar is involved in multiple global research which includes principal investigator for PROMiSE, EMPAKidney, ZENITH, ICAN and is the lead national investigator for Baxduo-Arctic and TRACK study.

Dr Mushahar was in the main organising committee to the successful World Congress of Nephrology (WCN) congress held in Kuala Lumpur 2022 and has been appointed as a congress and scientific chair for 11th APCM-ISPD congress Kuala Lumpur 2025. In recognition to her extensive contribution in nephrology in Malaysia and internationally, she had been conferred a Malaysian honorary title in January 2024.

Candidate's Statement

Motivation Statement for ISN OSEA Regional Board Deputy Chair/Councillor 2025-2027

I'm truly honoured to be a candidate for the ISN OSEA Regional Deputy Chair/Councillor for 2025-2027.

If elected as the Deputy Chair, I will work hand-in-hand with ISN leadership and the OSEA Chair to push forward our shared mission of improving kidney health globally. My key areas of focus will include:

- i) Empowering the Next Generation of Nephrologists:** I am committed to inspire young nephrologists and healthcare professionals (HCP) to take an active role in ISN programs.
- ii) Expanding Education and Training:** I will work to expand and enhance nephrology training programs across OSEA, ensuring all HCPs have access to cutting-edge knowledge and practices, regardless of their location.
- iii) Promoting International Research Collaborations:** I am dedicated to strengthening collaborations between OSEA and international organizations to drive research innovations making breakthroughs that will benefit kidney health worldwide.
- iv) Strengthening Mentorship and Support Networks:** I will prioritize building strong mentorship and peer networks across the region, connecting experienced nephrologists with those just starting out.

With my extensive involvement in ISPD, APSN, and ISN programs, I am confident that my contributions will help us achieve our shared goals and make a lasting impact on kidney health in our region. Thank you for your support and trust.