



### Short Bio/CV

Edgar Lerma, MD, earned his Doctor of Medicine from the University of Santo Tomas Faculty of Medicine and Surgery in Manila, Philippines. He completed Residency Training in Internal Medicine at University of Illinois at Chicago/Mercy Hospital and Medical Center, where he also served as Chief Resident. He completed a Fellowship in Nephrology and Hypertension at Northwestern Memorial Hospital, the Feinberg School of Medicine at Northwestern University, and the Veterans Administration Lakeside Medical Center in Chicago, Illinois.

Dr. Lerma is a Diplomate in the Subspecialty of Nephrology with the American Board of Internal Medicine (ABIM). He has authored more than 100 peer-reviewed publications and presentations; notable publications include *Current Diagnosis & Treatment: Nephrology & Hypertension* (translated in English, Turkish, Portuguese, Chinese Mandarin), *Nephrology Secrets*, and *Henrich's Principles and Practice of Dialysis*. A couple of his recent bestsellers include *Handbook of Critical Care Nephrology* and *Handbook of Glomerulonephritis*, both of which have been translated in English and Spanish. He has peer reviewed and served on editorial boards for numerous journals, and currently is Visual Abstract Editor for *Clinical Journal of the American Society of Nephrology*, and *Kidney 360*.

At present, he holds the rank of Clinical Professor of Medicine with the Section of Nephrology at University of Illinois at Chicago. He also serves as the Educational Coordinator for the Section of Nephrology with Advocate Christ Medical Center in Oak Lawn, Illinois. He is KDIGO's (Kidney Disease: Improving Global Outcomes) Knowledge Translation Lead and Social Media Ambassador. In addition, he holds Visiting Professorships with the UST Faculty of Medicine and Surgery in Manila, Philippines, and the William Quasha St Luke's Medical School in Quezon City, Philippines.

He is known to utilize various social media platforms for teaching Nephrology worldwide and has previously served as an active member of the International Society of Nephrology Social Media Team for several years.

In recognition of his clinical work and expertise, Dr. Lerma has been elected to Fellowship with numerous organizations namely: American College of Physicians, American Society of Nephrology, American Heart Association/ Council on Kidney in Cardiovascular Disease, American Society of Hypertension, National Lipid Association, National Kidney Foundation, and the American Society of Diagnostic and Interventional Nephrology. He has also been recognized for teaching and has been the recipient of "Subspecialty Teaching Attending Physician of the Year" in 2006 and "Physician Recognition Award for Excellence in Academics" in 2011 from UIC/Advocate Christ Medical Center Internal Medicine Residency Training Program.

In recognition of his scholarly activities, he has been invited to deliver several named Lectureships: the 35th Annual Mariano M. Alimurung Memorial Lecture: Evidence-Based Management of Hyperkalemia (University of Santo Tomas Faculty of Medicine and Surgery) in 2016, the 314th Luis E. Guerrero Memorial Lecture: "Evidence Based Management of Hypertension" (University of Santo Tomas Medical Alumni Association of America) in 2016, the 1st Corazon Macaraeg Memorial Lecture: "AKI in the ICU" (Veterans Memorial Medical

Center) in 2022, and the A.G. Sison Memorial Lecture: “MedEd 4 Ever,” (Philippine College of Physicians) in 2024.

Dr. Lerma’s research interests include Chronic Kidney Disease, Diabetic Kidney Disease, Hypertension, and Dialytic therapies.

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### **Candidate’s Statement**

My name is Edgar Lerma, and I am a clinical nephrologist practicing in Chicago, Illinois for the past 20+ years. I am in a private practice group, Associates in Nephrology, which is a 40 person group of Nephrologists serving the suburbs of Chicago and northwest Indiana.

I have a faculty appointment as Clinical Professor of Medicine with the University of Illinois at Chicago, which allows me to continue my passion for teaching Nephrology to our future colleagues.

I have a very active social media portfolio and in fact I utilize the different platforms to teach Nephrology

One of my main goals is to increase disease state awareness about kidney disease. I believe that there are a lot of opportunities to improve our colleagues’ knowledge and understanding not only about kidney diseases but also the novel therapies that have recently become available. The realm of social media offers several avenues for tapping into those opportunities, e.g., blogs, tweetorials, visual abstracts, etc. My experience being in active clinical practice and clinician educator along with my social media persona will allow me as ISN North America and the Caribbean Regional Board Deputy Chair, to provide leadership and drive to achieve that goal.