

Dear professors and colleagues,

I hope that you are well.

I am Dr Zaghloul Gouda: consultant nephrologist from Egypt. It will be a nice chance for me to contact you. It is my pleasure to inform you that I nominated by the ISN African board to represent Africa in the ISN global mission for awareness by chronic kidney disease (CKD) titled “[Are your kidneys healthy](#)” quiz. It is provided in 21 languages worldwide.

My task is to help the ISN in spreading the idea of CKD early identification and awareness on both professional and community levels supported by the ISN African board led by Prof Fatiu Arogundade and Prof Mohamed Salah.

We are in need for your valuable support to this initiative by your respected efforts in your region. You can support through circulating the link in your personal social networks, hospital, your clinic, and during your scientific meetings and conferences.

We are targeting any community member with special concern to high-risk groups to develop kidney and heart disease namely: diabetic and hypertensive patients, persons with heart or kidney disease, and persons taking analgesics or herbs regularly. In addition to persons with family history of any of the previous diseases.

Also, do not forget to help your family to prevent kidney disease through participating in the one-minute quiz: “[Are your kidneys healthy](#)”.

You can access the quiz directly through:

- The following link: <https://kidneyquiz.theisn.org/>
- You can scan the QR code with the preferable language for you as follow:



Vos reins sont-ils en bonne santé? - La
Société I...

kidneyquiz.theisn.org

English



هل كليتناك بصحة جيدة؟

kidneyquiz.theisn.org

عربي



Kidney Quiz - International Society
of Nephrology

kidneyquiz.theisn.org

Français

Kindly don't hesitate to contact me for further inquiry and details about the quiz.

My regards.

Dr Zaghloul Gouda, MD

Consultant nephrologist, ISN Fellow, ISN Clinical Research Program committee member, ISN African Board Member, Supervisor of Egypt-Egypt-UK TRIO SRC, Nephrology department, Damanhur Medical National Institute, Damanhur city, Egypt.

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